

Women's History Month

Frida Kahala

Rebel Artist of Mexico

Frida Kahalo was born in Mexico in 1907. When she was 18, she was in a bus accident that left her stuck in bed for two years recovering. She was so bored! This is when she learned to paint. Because she could not move, her family placed mirrors around her so she could paint herself. She spent the last few years of her life in a wheelchair and continued to paint. She passed away in 1954 in *La Casa Azul*, which is now a museum in her honor.



Frida's art shows herself in different feelings and phases. She was often sad, or in pain, and this is seen in her art. Before this, women did not express these feelings publicly. She made it ok for women to express sadness and despair, and to rethink what it means to be a woman.



Think Frida is Great?

Check out these books about her and other amazing artists!

- **Frida and her Animalitos**

by Monica Brown

Find it: J Biog Khalo & Spa J Biog Khalo



- **Who Was Frida Khalo?**

by Sarah Fabiny

Find it: J Biog Khalo



- **FireBird** by Misty Copeland

Find it: JP Copeland

- **The World is Not a Rectangle: a Portrait of Zaha Hadid** by Jeanette Winter

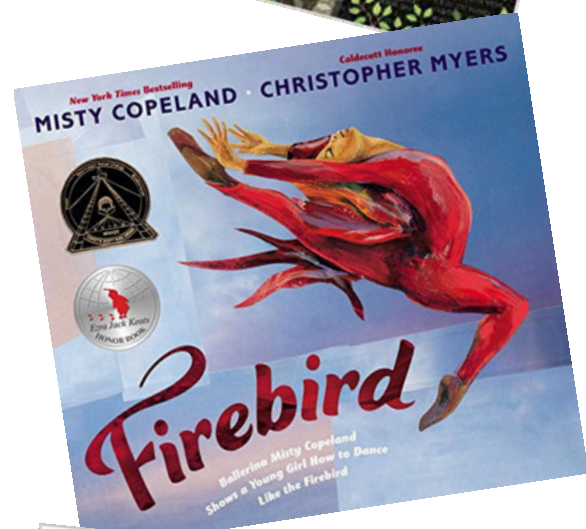
Find it: J Biog Hadid



- **Maya Lin: The Artist Architect of Light and Lines**

by Mary Malone

Find it: J Biog Lin



- **Bon Appetit! The Delicious Life of Julia Childs**

by Jessie Hartland

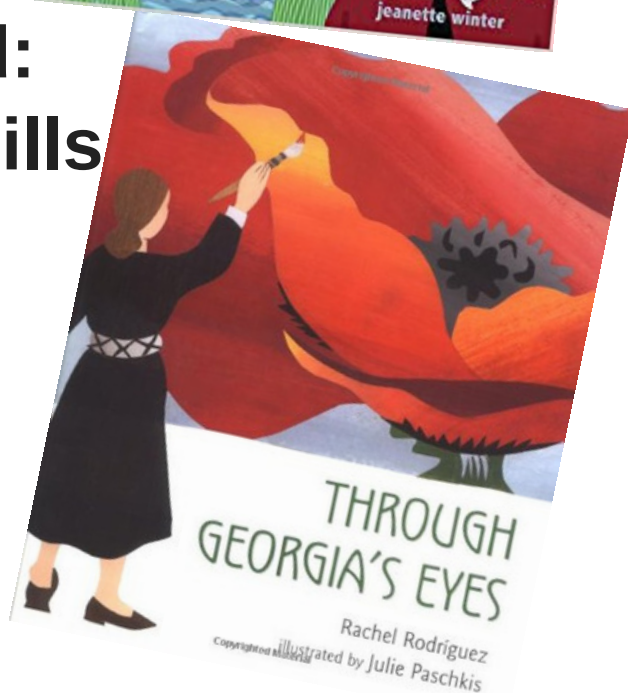
Find it: J Biog Childs



- **Harlem's Little Blackbird: The Story of Florence Mills**

by Renee Watson

Find it: J Biog Mills



- **Through Georgia's Eyes**

by Rachel Rodriguez

Find it: J Biog O'Keefe